



## DOWN AMPNEY PRIMARY SCHOOL

### Year B - Term 6

#### Unit Overview: KS1 PSHE

#### Growing and Changing

<p><b>Key questions</b></p> <p>Life Cycles</p> <ul style="list-style-type: none"> <li>❖ What helps us to grow?</li> <li>❖ Who helps us to grow?</li> <li>❖ What can you do by yourself now?</li> <li>❖ What are you looking forward to when you are 10 years old?</li> <li>❖ What are you looking forward to when you are 21 years old?</li> </ul> <p>Dealing With Loss</p> <ul style="list-style-type: none"> <li>❖ How does it feel to lose something?</li> <li>❖ How does it feel to say goodbye to someone or something for a long time?</li> <li>❖ Can we stay in touch with someone? How?</li> </ul> <p>Being Supportive</p> <ul style="list-style-type: none"> <li>❖ What positive things can we say to someone about something they have done?</li> <li>❖ Why is it good to help someone?</li> <li>❖ What is a good way to help someone if they are finding something difficult?</li> </ul>	<p><b>Substantiative knowledge</b></p> <ul style="list-style-type: none"> <li>❖ To give positive feedback to someone.</li> <li>❖ To recognise the range of feelings associated with loss and to discuss things people can do to feel better.</li> <li>❖ To identify the different stages of growth and what people are able to do at these different stages.</li> <li>❖ To identify the human private parts/genitalia and explain that they are used to make a baby.</li> <li>❖ To explain who can see someone's private part, what consent means and how to protect privacy.</li> </ul>	<p><b>Vocabulary</b></p> <p>Supportive, loss, change, nipples, food, feelings, help, forward, growing, penis, care, goodbye, learning, safe, upset, vulva</p>
<p><b>Subject skills</b></p> <ul style="list-style-type: none"> <li>❖ I can give support to a friend.</li> <li>❖ I can describe feelings of loss and suggest what someone can do if a friend moves away.</li> <li>❖ I can describe the stages of growth I have been through and what I look forward to in my future.</li> <li>❖ I can name the human private parts that are used to make a baby.</li> <li>❖ I can talk about keeping private parts private.</li> </ul>	<p><b>British Values</b></p> <ul style="list-style-type: none"> <li>❖ <b>Democracy:</b> Children are encouraged to ask and answer questions about their learning, development and school environment. Supporting children to have discussions with their peers in a respectful way.</li> <li>❖ <b>The rule of law:</b> Identifying right from wrong and recognising the importance of laws, including those that govern the class, the school or the country. Creating rules and expectations to follow during all lesson and in PSHE to make sure everyone experiences a safe learning environment.</li> <li>❖ <b>Respect and Tolerance:</b> Promoting individual differences and respecting how people can have different feelings in the same situation. All children listen and respect others' opinions when discussing different topics.</li> <li>❖ <b>Mutual respect:</b> Children learn that their behaviours and actions have an effect on their own rights and those of others.</li> </ul>	<p><b>Linked texts:</b></p> <p>Funnybones Meesha Makes Friends Mixed All Are Welcome We Feel Happy See Inside Your Body</p> <p><b>Possible misconceptions</b></p> <p>Children might think that trusted adults are only people who help us in our community (e.g. police). Children might think their private parts do not have proper names.</p> <p><b>Christian Values:</b></p> <p><b>Courage:</b> Children will develop the skill of recognising what is right from wrong and find the courage and conviction to make the best choices. Children will learn about different feelings and be able to reflect courageously on their own emotions.</p>



## DOWN AMPNEY PRIMARY SCHOOL

### Year B - Term 6

#### Unit Overview: KS1 PSHE

#### Growing and Changing

<p><u>Prior learning</u></p> <p>Getting help</p> <p>Becoming independent</p> <p>Body parts</p> <p>I can identify an adult I can talk to at both home and school if I need help.</p> <p>I can tell you some things I can do now that I couldn't do when I was a toddler.</p> <p>I can tell you what some of my body parts do.</p>	<p><u>Future learning LKS2</u></p> <p>Body changes during puberty</p> <p>Managing difficult feelings</p> <p>Relationships, including marriage</p> <p>I can label some parts of the boy that only boys have and only girls have.</p> <p>I can list some of the reasons why a teenager might have these difficult feelings.</p> <p>I can tell you why people get married.</p>	<p><u>Respect:</u> The importance of respecting everyone around us, even when their ideas or beliefs are different to ours, and having respect towards ourselves.</p> <p><u>Trust:</u> Understanding that all relationships require an element of trust. This means being able to share thoughts, feelings and emotions with those around us in a way where we would not feel judged or criticised.</p>
--	---	---