



## DOWN AMPNEY PRIMARY SCHOOL

### Term 4

### Unit Overview: KS2 PE

### Creative

<p><u>National Curriculum Objectives</u></p> <ul style="list-style-type: none"> <li>❖ Enjoy communicating, collaborating and competing with each other and develop and understanding of how to improve in an activity.</li> <li>❖ Develop strength, control and balance, and technique.</li> <li>❖ Play competitive games, modified where appropriate, and apply basic principles suitable for attacking and defending.</li> </ul>	<p><b>In this unit, children will develop and apply their seated balance and floor work balance through focused skill development sessions, modified/ non-traditional games and sports and healthy competition.</b></p> <p><u>Declarative knowledge</u></p> <ul style="list-style-type: none"> <li>❖ I can reach and pick up a cone an arm's distance away, swap hands and place it on the other side (both directions).</li> <li>❖ I can reach, pick up a cone an arm's distance away, and place it on the other side using the same hand (both directions).</li> <li>❖ I can hold a V-shape with straight arms and legs for 10 seconds.</li> <li>❖ I can transfer a tennis ball on and off my back in a front support.</li> <li>❖ I can transfer a cone on and off my tummy in a back support.</li> <li>❖ I can transfer a tennis ball on and off my tummy in a back support.</li> </ul>	<p><u>Vocabulary</u></p> <p>Imaginatively, adapt, adjust, centre of gravity, reach, rotating, transfer.</p>
<p><u>Fundamental Movement Skills</u></p> <p><b>Static Balance: seated balance and floor work.</b></p> <p><u>Progression of Creative Skills and Support</u></p> <ul style="list-style-type: none"> <li>❖ I can make up my own rules and versions of activities.</li> <li>❖ I can respond differently to a variety of tasks or music.</li> <li>❖ I can change tactics, rules or tasks to make activities more fun or more challenging.</li> <li>❖ I can respond imaginatively to different situations.</li> <li>❖ I can adapt and adjust my skills, movements or tactics so they are different to others.</li> </ul>		<p><u>Pillars of Progression</u></p> <p><u>Pillar 1: Motor Competence</u></p> <ul style="list-style-type: none"> <li>❖ Apply balance skills in a variety of modified games to improve dynamic balance and counterbalance.</li> </ul> <p><u>Pillar 2: Rules, Strategies and Tactics</u></p> <ul style="list-style-type: none"> <li>❖ Prepare traditional invasion games that use feints, change of speed and direction to outwit opponents.</li> <li>❖ Learn about attacking and defending strategies to help make effective decisions.</li> </ul> <p><u>Pillar 3: Healthy Participation</u></p> <ul style="list-style-type: none"> <li>❖ Develop social skills to learn to cooperate by listening to others and being supportive.</li> <li>❖ Be prepared to lead a small group through a task and give helpful feedback when appropriate.</li> </ul>
<p><u>Prior learning (KS1)</u></p> <ul style="list-style-type: none"> <li>❖ Master basic movements including running, jumping, throwing and catching, as well as developing balance,</li> </ul>		
<p><u>Procedural knowledge</u></p> <ul style="list-style-type: none"> <li>❖ Keep my core muscles tight.</li> <li>❖ Use smooth, controlled movements.</li> <li>❖ Keep my legs, back and arms straight (V-shape).</li> <li>❖ Keep my back straight and flat/tummy up.</li> <li>❖ Keep my hands in line with my shoulders.</li> <li>❖ Keep my legs straight and stretched out.</li> </ul>	<p><u>British Values</u></p> <ul style="list-style-type: none"> <li>❖ Democracy – Have your opinions heard when discussing topics and tactics.</li> <li>❖ Rule of law – learn about rules for different sports, sporting behaviour, etiquette and fair play.</li> <li>❖ Mutual respect and tolerance – celebrate sporting achievements together.</li> </ul>	<p><u>Key Sportsmen/women</u></p> <p>.</p>
<p><u>Christian Values</u></p> <ul style="list-style-type: none"> <li>❖ <u>Courage</u></li> </ul>		



## DOWN AMPNEY PRIMARY SCHOOL

### Term 4

### Unit Overview: KS2 PE

### Creative

<p>agility and co-ordination and begin to apply these in a range of activities.</p> <ul style="list-style-type: none"><li>❖ Participate in team games, developing simple tactics for attacking and defending.</li></ul> <p><u>Future learning: KS3</u></p> <ul style="list-style-type: none"><li>❖ Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games.</li><li>❖ Develop their technique and improve their performance in other competitive sports.</li><li>❖ Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.</li></ul>	<p>If you don't succeed after several attempts, ask for help from others.</p> <ul style="list-style-type: none"><li>❖ <u>Respect</u> Following instructions.</li><li>❖ <u>Trust</u> Supporting others in achieving their goals.</li></ul>	
---	---	--