



DOWN AMPNEY PRIMARY SCHOOL

Term 6

Unit Overview: KS1 PSHE

Growing and Changing

<p><u>Key questions</u></p> <p>Getting help</p> <ul style="list-style-type: none"> ❖ What is a trusted adult? ❖ Which adults at home and school can you ask for help? <p>Becoming independent</p> <ul style="list-style-type: none"> ❖ What can you do now, that you couldn't do as a baby/toddler/in Reception? ❖ What are you still learning to do? <p>Body parts</p> <ul style="list-style-type: none"> ❖ Which body parts are on the inside? ❖ Which body parts are on the outside? ❖ How do different body parts work? ❖ Are girls' and boys' bodies the same? ❖ Which parts are different? 	<p><u>Substantiative knowledge</u></p> <ul style="list-style-type: none"> ❖ To think of what babies need to stay happy and healthy. ❖ To identify the changes they have made since they were a baby. ❖ To identify the difference between a surprise and a secret. ❖ To identify who they can talk to about secrets. ❖ To identify some internal organs and systems and those body parts which are private. ❖ To identify the trusted people who have helped them grow, they can talk to if they are worried or about their private parts. 	<p><u>Vocabulary</u></p> <p>Adult, heart, brain, stomach, trusted, growing, lungs, vulva, penis, learning.</p> <p><u>Phonics / polysyllabic words</u></p> <p>Stomach Growing</p>
<p><u>Subject skills</u></p> <ul style="list-style-type: none"> ❖ I can tell you some things that babies need. ❖ I can tell you what I can do now that I couldn't do as a toddler and some things that I am still learning to do. ❖ I can talk about how safe secrets and surprises make me feel and who to talk to if I am worried. ❖ I can name the body parts girls and boys have that are the same and which body parts are different. ❖ I can name the adults I can talk to at home and school if I need help. 	<p><u>British Values</u></p> <ul style="list-style-type: none"> ❖ <u>Democracy:</u> Children are encouraged to ask and answer questions about their learning, development and school environment. Supporting children to have discussions with their peers in a respectful way. ❖ <u>The rule of law:</u> Identifying right from wrong and recognising the importance of laws, including those that govern the class, the school or the country. Creating rules and expectations to follow during all lesson and in PSHE to make sure everyone experiences a safe learning environment. ❖ <u>Respect and Tolerance:</u> Promoting individual differences and respecting how people can have different feelings in the same situation. All children listen and respect others' opinions when discussing different topics. ❖ <u>Mutual respect:</u> Children learn that their behaviours and actions have an effect on their own rights and those of others. 	<p><u>Linked texts:</u></p> <p>The growing story The nose, toes and tummy book My body</p> <p><u>Possible misconceptions</u></p> <p>Children might think that every human needs the same things to stay healthy. Children might think that secrets help you make friends.</p> <p><u>Christian Values:</u></p> <p><u>Courage:</u> Children will develop the skill of recognising what is right from wrong and find the courage and conviction to make the best choices. Children will learn about different feelings and be</p>



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<p>Prior learning</p> <p>Reception</p> <ul style="list-style-type: none">- Life cycles- Girls and Boys <p>Understand that there are changes in nature and humans. Name the different stages in childhood and growing up. Understand that babies are made by a man and a woman. Use the correct vocabulary when naming the different parts of the body. Know how to keep themselves safe.</p>	<p>Future learning LKS2</p> <p>Growing and Changing</p> <p>To identify the meaning of 'body space' and when it is appropriate or inappropriate to allow someone into their body space. To identify the different types of relationships people have and their different purposes and qualities. To identify what makes a positive relationship and what makes a negative relationship. To identify puberty changes. To explain menstruation cycle as something that happens when a sperm does not meet an egg.</p>	<p>able to reflect courageously on their own emotions.</p> <p>Respect: The importance of respecting everyone around us, even when their ideas or beliefs are different to ours, and having respect towards ourselves.</p> <p>Trust: Understanding that all relationships require an element of trust. This means being able to share thoughts, feelings and emotions with those around us in a way where we would not feel judged or criticised.</p>
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