**GCC Central Spring** TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY Summer 2024 **WEEK ONE** Beef Burger in a Bun with Roast Chicken with Minced Beef & Onion Pie Fishfingers with Chips & **Option One** Macaroni Cheese Potato Wedges Roast Potatoes & Gravy with New Potatoes Tomato Ketchup Vegan Meatballs with 🍅 Vegan Spaghetti Vegan Sausages, Lentil & Sweet Potato Curry Cheese & Tomato Pizza with **Option Two** Tomato Sauce & Rice Bolognaise Roast Potatoes & Gravy with Rice Chips & Tomato Ketchup (👔 Jacket potato with Baked **Option Three** Beans, Cheese or Tuna Beans, Cheese or Salmon Beans, Cheese or Tuna Beans, Cheese or Tuna Beans, Cheese or Tuna Mayonnaise Mayonnaise Mayonnaise Mayonnaise Mavonnaise **Veaetables** Vegetables of the Day 14/10/2024 Dessert Vanilla Sponge with Strawberry Jelly with Sticky Toffee Apple Crumble Vanilla Shortbread **NEW** Syrup Snap Biscuit. Chocolate Sauce Mandarins / with Custard **WEEK TWO** Summer Vegetable Pork Sausage In a Bun With Roast Turkey with Roast Chef's Special Chicken Korma Fish Fingers with Chips & **Option One** Risotto 🦂 Potato Wedges Potatoes & Gravy with Rice Tomato Ketchup Cheese & Tomato Pinwheel Mexican Five Vegetable Wellington with Wholemeal Vegetable Pasta Vegan Sausages with Chips **Option Two** 15/04/2024 with New Potatoes (🁔 Bean rice Roast Potatoes & Gravy A & Tomato Ketchup Bake 06/05/2024 Jacket potato with Baked 03/06/2024 **Option Three** Beans, Cheese or Tuna 24/06/2024 Mavonnaise Mavonnaise Mavonnaise Mavonnaise Mavonnaise 09/09/2024 **Vegetables** Vegetables of the Day 30/09/2024 21/10/2024 Dessert Marble Sponge with Oaty Cookie with Peach Crumble with Chocolate Shortbread Ice Cream Custard Apple Slices Custard **NEW** Vegetable Fajitas Roast Gammon with Roast **NEW** Chicken Fish fingers with Chips & WEEK THREE **Option One** Spaghetti Bolognaise Potatoes & Gravy Paella with Wedges Tomato Ketchup Cheese & Tomato Pizza with Vegan Quorn with Roast Spinach and Cheese Whirl Cheese & Bean Pasty BBQ Quorn with Rice **Option Two** Potato Wedges Potatoes & Gravy with Potato Wedges with Chips & Tomato Ketchup Jacket potato with Baked **Option Three** Beans, Cheese or Tuna Mayonnaise Mayonnaise Mayonnaise Mayonnaise Mayonnaise Vegetables Vegetables of the Day Dessert Pear & Chocolate Upside Banana Sponge with Banana Apple Flapjack Fruity Shortbread 🥕 Ice Cream Down Cake with Custard Slices and Custard **ALLERGY INFORMATION:** MENU KEY Added Plant Power If you would like to know about particular allergens in foods please Chef's Special ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily-Daily salad selection to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

feeding the imagination

**GCC Central Spring Summer 2024** 

## **WEEK ONE**

08/04/2024 20/05/2024 17/06/2024 08/07/2024 02/09/2024 23/09/2024 14/10/2024 **Option One** 

**Option Two** 

**Option Three** 

**Veaetables** 

Dessert

### MONDAY

Macaroni Cheese V11

Vegan Meatballs V237 with Tomato Sauce V225 & Rice **SD84** 

Jacket Potato SD55 with Baked Beans SD22. Cheese V85 or Tuna Mayonnaise F11

Carrots SD28, Green Beans **SD24** 

Vanilla Sponge **D193** Chocolate sauce D3

### TUESDAY

Beef Burger B5 in a Bun SD17 with Potato Wedges SD6

Spaghetti SD8 with Vegan Bolognese V233

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Salmon Mayonnaise F32

Peas SD18. Broccoli SD20

Vanilla Shortbread **D57** 

#### WEDNESDAY

Roast Chicken C4 with Roast Potatoes SD7/SD82 & Gravv **SD118** 

Vegan Sausages V238 with Roast Potatoes SD7/SD82 & Gravv SD118

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Cauliflower \$D27, Carrots \$D28

Strawberry Jelly with Mandarins **D235** 

## THURSDAY

Minced Beef & Onion Pie B45 with New Potatoes SD2

Lentil & Sweet Potato Curry V108 with Rice SD84

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Broccoli SD20, Sweetcorn SD19

Sticky Toffee Apple Crumble D243 with Custard D2

FRINAY

Fish Fingers F6 with Chips SD5 & Tomato Ketchup SD14

Cheese and Tomato Pizza V231 with Chips **SD5** & Tomato Ketchup SD14

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Peas SD18, Baked Beans SD22

Syrup Snap Biscuit **D219** 

# **WEEK TWO**

15/04/2024 03/06/2024 24/6/2024 15/07/2024 09/09/2024 30/09/2024 21/09/2024 **Option One** 

**Option Two** 

**Option Three** 

**Vegetables** 

Dessert

Summer Vegetable Risotto V133

Cheese & Tomato Pinwheel V40 with New Potatoes SD2

Jacket Potato SD55 with Baked Beans SD22, Cheese **V85** or Tuna Mayonnaise F11

Broccoli SD20. Peas SD18

Ice Cream D13

Pork Sausage P3 in a Bun SD187 with Potato Wedges SD6

> Mexican Five Bean Rice QB7

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Cauliflower \$D27, Sweetcorn \$D19

Marble Sponge **D199** with Custard D2

Roast Turkey T1 with Roast Potatoes SD7/SD82 & Gravy SD118

Vegetable Wellington V232 with Roast Potatoes SD7/SD82 & Gravy SD118

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Carrot SD28, Broccoli SD20

Oaty Cookie **D85** with Apple Slices D216

Roast Gammon P5 with Roast Potatoes SD7/SD82 & Gravy SD118

Potatoes SD7/SD82 & Gravy SD118

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Chef's Special Chicken Korma C86 with Rice SD84

Wholemeal Vegetable Pasta Bake V73

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Green Beans SD24, Carrots SD28

Peach Crumble D238 with Custard D2

Fish Fingers F6 with Chips SD5 & Tomato Ketchup SD14

Vegan Sausage V238 with Chips SD5 & Tomato Ketchup **SD14** 

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Peas SD18, Baked Beans SD22

Chocolate Shortbread D80

# **WEEK THREE**

**Option One** 

**Option Two** 

**Option Three** 

Vegetables

Dessert

Vegetable Fajitas V252 with wedges SD6

BBQ Quorn V205 with Rice **SD84** 

Jacket Potato SD55 with Baked Beans SD22, Cheese **V85** or Tuna Mayonnaise F11

Carrots SD28, Peas SD18

Ice Cream D13

Spaghetti SD8 with Beef Bolognaise **B48** 

Cheese & Tomato Pizza V231 with Potato Wedges SD6

Jacket Potato SD55 with Baked Beans SD22. Cheese V85 or Tuna Mayonnaise F11

Broccoli SD20, Sweetcorn SD19

Pear and Chocolate Cake D207 with Custard D2

Vegan Quorn V204 with Roast

Cauliflower SD27, Peas SD18

Apple Flapjack D171

#### Chicken Paella FE1

Spinach & Cheese Whirl GR2 with Potato Wedges SD6

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Carrots SD28, Broccoli SD20

Banana Sponge **D173** with Banana slices and Custard Fish Fingers F6 with Chips SD5 & Tomato Ketchup **SD14** 

Cheesy Bean Pastry V191 with Chips SD5 & Tomato Ketchup **SD14** 

Jacket Potato SD55 with Baked Beans SD22, Cheese V85 or Tuna Mayonnaise F11

Peas SD18, Baked Beans SD22

Fruity Shortbread D96

#### MENU KEY



Added Plant Power







Chef's Special

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily-Daily salad selection

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