

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

6 November
27 November
18 December
22 January
19 February
11 March

| | | | | | |
|--------------|---|--|---|---|---|
| Option One | Macaroni Cheese | BBQ Chicken with Rice  | Roast Chicken with Roast Potatoes & Gravy | Spaghetti Bolognaise with Homemade Garlic Bread  | Fish Fingers with Chips & Tomato Ketchup |
| Option Two | Vegetable Curry with Rice   | Vegan Meatballs in a Tomato Sauce with Pasta  | Vegetable Roast with Roast Potatoes & Gravy  | Shepherdess Pie  | Vegan Sausage with Chips & Tomato Ketchup  |
| Option Three | Jacket Potato with Baked Beans or Cheese | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Baked Beans or Cheese | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Cheese or Tuna Mayonnaise |
| Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Peas & Baked Beans |
| Dessert | Cinnamon Swirl | Orange Drizzle Cake with Custard | Strawberry Jelly with Mandarins  | Apple Crumble with Custard  | Chocolate Shortbread  |

WEEK TWO

13 November
4 December
8 January
29 January
26 February
18 March

| | | | | | |
|--------------|--|---|---|---|--|
| Option One | Vegetable Pasta Bake  | Pork Sausage with Mashed Potato & Gravy | Roast Turkey with Stuffing, Roast Potatoes & Gravy | Greek Chicken Pitta with Cucumber Dip & Potato Wedges | Fish Fingers with Chips & Tomato Ketchup |
| Option Two | Spinach & Cheese Whirl with Cucumber Dip & Potato Wedges | Vegetable Fajitas with Rice   | Vegan Sausage with Roast Potatoes & Gravy  | BBQ Quorn with Rice   | Cheese & Tomato Pizza with Chips  |
| Option Three | Jacket Potato with Baked Beans or Cheese | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Baked Beans, Cheese or Salmon Mayonnaise | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Cheese or Tuna Mayonnaise |
| Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Greek Salad | Peas & Baked Beans |
| Dessert | Lemon & Berry Cake | Eves Pudding with Chocolate Sauce | Chocolate Orange Cookie  | Plum & Vanilla Crumble with Custard  | Cinnamon Cookie  |

WEEK THREE

20 November
11 December
15 January
5 February
4 March

| | | | | | |
|--------------|---|---|---|---|---|
| Option One | Lentil & Sweet Potato Curry with Rice   | Chicken & Broccoli Pasta | Roast Gammon with Roast Potatoes & Gravy | Cottage Pie  | Fish Fingers with Chips & Tomato Ketchup |
| Option Two | Tomato Arrabiata Pasta  | Cheese & Tomato Pizza with New Potatoes  | Vegan Quorn with Roast Potatoes & Gravy  | Vegan Burger with Potato Wedges  | Cheese & Red Pepper Frittata with Chips & Tomato Ketchup |
| Option Three | Jacket Potato with Baked Beans or Cheese | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Baked Beans or Cheese | Jacket Potato with Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato with Cheese or Tuna Mayonnaise |
| Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Peas & Baked Beans |
| Dessert | Vanilla Shortbread  | Pear & Chocolate Upside Down Cake with Custard | Strawberry Jelly  | Peach Crumble with Custard  | Fruity Shortbread  |

MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Available Daily:
Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

WEEK ONE

6 November
27 November
18 December
22 January
19 February
11 March

Option One
Option Two
Option Three
Vegetables
Dessert

V11 Macaroni Cheese
V148 Vegetable Curry with **SD84** Rice
SD55 Jacket Potato with **SD22** Baked Beans or **V85** Cheese
SD28 Carrots
SD24 Green Beans
D244 Cinnamon Swirl

MONDAY

TUESDAY

C89 BBQ Chicken with **SD84** Rice
V237 Vegan Meatballs in a **V225** Tomato Sauce with **SD11** Pasta
SD55 Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise
SD18 Peas
SD20 Broccoli
D182 Orange Drizzle Cake with **D2** Custard

WEDNESDAY

C4 Roast Chicken with **SD7** **SD82** Roast Potatoes & **SD118** Gravy
V13 Vegetable Roast with **SD7** **SD82** Roast Potatoes & **SD118** Gravy
SD55 Jacket Potato with **SD22** Baked Beans or **V85** Cheese
SD24 Green Beans
SD28 Carrots
D235 Strawberry Jelly with Mandarins

THURSDAY

SD8 Spaghetti **B48** Bolognaise with Homemade **SD50** Garlic Bread
V241 Shepherdess Pie
SD55 Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise
SD20 Broccoli
SD28 Carrots
D242 Apple Crumble with **D2** Custard

FRIDAY

F6 Fish Fingers with **SD5** Chips & **SD14** Tomato Ketchup
V238 Vegan Sausage with **SD5** Chips & **SD14** Tomato Ketchup
SD55 Jacket Potato with **V85** Cheese or **F11** Tuna Mayonnaise
SD18 Peas
SD22 Baked Beans
D80 Chocolate Shortbread

WEEK TWO

13 November
4 December
8 January
29 January
26 February
18 March

Option One
Option Two
Option Three
Vegetables
Dessert

V73 Wholemeal Vegetable Pasta Bake
GR2 Spinach & Cheese Whirl with **GR3** Cucumber Dip & **SD6** Wedges
SD55 Jacket Potato with **SD22** Baked Beans or **V85** Cheese
SD20 Broccoli
SD18 Peas
D183 Lemon & Berry Cake

P3 Pork Sausage with **SD1** Mashed Potato & **SD118** Gravy
V211 Vegetable Fajitas with **SD84** Rice
SD55 Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise
SD24 Green Beans
SD28 Carrots
D189 Eves Pudding with **D3** Chocolate Sauce

T1 Roast Turkey with **SD40** Stuffing, **SD7** **SD82** Roast Potatoes & **SD118** Gravy
V238 Vegan Sausage with **SD7** **SD82** Roast Potatoes & **SD118** Gravy
SD55 Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F32** Salmon Mayonnaise
SD28 Carrots
SD18 Peas
D230 Chocolate Orange Cookie

GR1 Greek Chicken Pitta with **GR3** Cucumber Dip & **SD6** Wedges
V205 BBQ Quorn with **SD84** Rice
SD55 Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise
GR4 Greek Salad
SD20 Broccoli
D240 Plum & Vanilla Crumble with **D2** Custard

F6 Fish Fingers with **SD5** Chips & **SD14** Tomato Ketchup
V231 Cheese & Tomato Pizza with **SD5** Chips
SD55 Jacket Potato with **V85** Cheese or **F11** Tuna Mayonnaise
SD18 Peas
SD22 Baked Beans
D195 Cinnamon Cookie

WEEK THREE

20 November
11 December
15 January
5 February
4 March

Option One
Option Two
Option Three
Vegetables
Dessert

V108 Lentil & Sweet Potato Curry with **SD84** Rice
V188 Tomato Arrabiata **SD11** Pasta
SD55 Jacket Potato with **SD22** Baked Beans or **V85** Cheese
SD28 Carrots
SD18 Peas
D57 Vanilla Shortbread

C88 Chicken & Broccoli Pasta
V231 Cheese & Tomato Pizza with **SD2** New Potatoes
SD55 Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise
SD24 Green Beans
SD28 Carrots
D207 Pear and Chocolate Upside Down Cake with **D2** Custard

P5 Roast Gammon with **SD7** **SD82** Roast Potatoes & **SD118** Gravy
V204 Vegan Quorn with **SD7** **SD82** Roast Potatoes & **SD118** Gravy
SD55 Jacket Potato with **SD22** Baked Beans or **V85** Cheese
SD20 Broccoli
SD18 Peas
D245 Strawberry Jelly

B33 Cottage Pie
V236 Vegan Burger with **SD6** Potato Wedges
SD55 Jacket Potato with **SD22** Baked Beans, **V85** Cheese or **F11** Tuna Mayonnaise
SD28 Carrots
SD24 Green Beans
D238 Peach Crumble with **D2** Custard

F6 Fish Fingers with **SD5** Chips & **SD14** Tomato Ketchup
V24 Cheese & Red Pepper Frittata with **SD5** Chips & **SD14** Tomato Ketchup
SD55 Jacket Potato with **V85** Cheese or **F11** Tuna Mayonnaise
SD18 Peas
SD22 Baked Beans
D96 Fruity Shortbread

MENU KEY



Added Plant Power



Wholemeal



Vegan



Chef's Special

Available Daily:

Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

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